

Are Your People Fit For Business?

U.S. businesses are losing 100 million workdays each year to poor health at a cost to employers of 20 billion dollars!

*How much is your business losing?
It's more than just money!*

*Does physical wellness translate into increased professional success?
Absolutely yes, and there are plenty of studies to back it up.*

*Do healthy, happy, productive employees impact your bottom line?
Again, a resounding yes!*



Book Dan Polimino to speak at your next meeting or event and share a message of how creating a “**CULTURE** of Health” will position your company to be in shape for success. Can your company be the best company in America to work for? Yes, it can! IF you develop the right **CULTURE**!

*Imagine if your people performed at their very best on a daily basis.
Your organization would benefit in a variety of ways:*

- More focus
- More enthusiasm
- More control
- More influence

*It's all about the **FOUR MORE'S...***

- **More focused** employees stay on the task at hand, and bring the best of themselves to each task. **THEY BECOME BETTER DECISION MAKERS.**
- **More enthusiastic** employees have better attitudes, and a physical and mental balance that results in **POSITIVE, HEALTHY WORKPLACE RELATIONSHIPS, TAKING TEAMWORK TO THE NEXT LEVEL.**
- **More control** breeds creativity AND PERSONAL RESPONSIBILITY. The employee strives for higher levels of achievement!
- **More influential** employees desire roles with increased responsibility. Because of the many positive **benefits of a healthy lifestyle, a fit individual will make a better leader.**

“He captures the attention of everyone in the room with his enthusiastic, energetic style... His presentation is creative, and his use of multimedia is superb. His sense of humor definitely keeps the audience entertained while they learn. I came from the presentation with optimism, and it motivated me to take charge of my health and well being.”

—Dwight Brown, Denver Newspaper Agency

“Our people were blown away, thank you so much...

You gave us invaluable tools to use, and all of the information is readily available at our convenience.”

–Mike Huber, Colorado Dental Association

Other Presentations From Dan Include:

“The Great Shape-Up Program” – Fifty million people will start a weight-loss program this year and 90 percent will fail. Why? It’s simple. People are confused by misinformation, and they lack the strategies to be successful. Book Dan & Jennifer Polimino to speak at your next event and share a message on how you will be enlightened, you will be triumphant, and you will learn the “power of two.”

“How to Find Out What Motivates You” – For most people weight gain and poor health are just a symptom of an underlying problem. Until people figure out what’s going on between their ears they’ll never resolve the external symptoms or be successful in their fitness goals. Have Dan Polimino share his expertise in finding out what motivates you.

Books & Audio/Video Programs:

The Great Shape-Up Program. Ask how you can provide a copy for each attendee.

ACCOMPLISHMENTS & HONORS

- President of Paradigm Fitness, Inc., a fitness company for a healthier America
- Syndicated Newspaper columnist read by more than a million people per week
- Author of The Great Shape-Up Program and video series
- Television Health & Fitness Expert for FOX-TV
- National Radio Talk show host
- Certified personal trainer with the American College of Sports Medicine and the American Council on Exercise
- Founder and Executive Director of Agape Ranch, Inc
- Host/Moderator and Master of Ceremonies

CLIENTS INCLUDE:

- The Hilton Waikoloa Village
- The Denver Newspaper Agency
- Media News Group
- The Colorado Dental Association
- The Toronto Blue Jays
- Ross/Abbott Laboratories
- Syracuse University
- Metropolitan State College of Denver
- Steeleboy Productions
- The Beck Group
- EAS
- Body For Life
- International Network of Children’s Ministries
- Christ Church
- Forum Colorado
- Pulte Homes

Dan Polimino is a syndicated health and lifestyle columnist read by millions of people in newspapers and on the Internet. He and his wife, Jennifer, are “America’s Healthiest Couple” and authors of The Great Shape-Up Program. He is an accomplished speaker providing corporations and resorts everything from short-program motivational speaking to complete four-day makeover getaways.

“You are an inspiration to us all...

The information was exactly what our company needed. It was presented with clever ideas that everyone can use, and you customized it to our industry issues and challenges.”

–Jody Lodovic, Media News



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